

Stephanie Helsen

38126 208th Ave. SE Auburn, Washington 98092 | shelsen@okstate.edu | 253.736.3459

Education

Bachelor of Science - Agricultural Leadership
Minor - Agricultural Economics and Agribusiness
Bachelor of Science - Agricultural Education
Oklahoma State University - Stillwater, Oklahoma

May 2021

Anticipated Graduation: December 2021
GPA: 3.909

Experience

Student Teacher

Okmulgee High School (Fall 2021)

August 2021 - Present

Okmulgee, Oklahoma

- Intend to practice proficient pedagogy to enhance student learning.
- Intend to effectively adapt to various teaching and learning methods to promote the growth of students.
- Intend to develop diligent skills in money management and record keeping.
- Intend to gain knowledge about unique SAE projects and mentoring students as an FFA Advisor.

Student Athlete (Equestrian)

Oklahoma State University Athletics

August 2017 – May 2021

Stillwater, Oklahoma

- Developed a variety of skill sets including time-management, discipline, diligence, teamwork and leadership as a result of pursuing a high level of academic and athletic achievement.
- Guided and assisted team members both personally and professionally in order to produce a favorable and collaborative environment for athletes of diverse backgrounds and skill sets with common goals of growth and success.
- Earned various awards including National Collegiate Equestrian Association (NCEA) All-Academic Team, First Team Academic All Big 12, honorable mention selection for NCEA All-America, and Big 12 Rider of the Month while competing at the collegiate NCAA level.
- Served as co-captain, leading team through challenges of the pandemic to a Big 12 Championship title.

STEMist Intern

Oklahoma 4-H

June 2020 – August 2020

Stillwater, Oklahoma

- Created educational content on a variety of STEM topics in order to promote education and encourage 4-H members to explore science, technology, engineering, and math.
- Acquired skills in editing professional YouTube videos using Adobe Premier Pro.
- Mastered effective written and verbal communication with 4-H members and their guardians.

Tutor

Oklahoma State University

September 2019 – May 2021

- Acquired skills in efficiency, professionalism, and adaptation by coordinating with and assisting student-athletes in their learning.
- Strived to elucidate and simplify learning concepts of varying topics in order to improve students' understanding of the material and confidence in their studies.

Involvement

Volunteer

Turning Point Ranch

January – May 2018

Stillwater, Oklahoma

- Aided in providing enriching experiences intended to promote developmental progress for clients with disabilities through therapeutic riding.

References

Tim Taylor

Agricultural Educator

Okmulgee Public Schools | Okmulgee, Oklahoma

ttaylor@okmulgeeps.com

(918) 280-9651

Dr. Katy Teixeira

Assistant Professor of Teaching

Agricultural and Environmental Education, Department of Animal Science

University of California, Davis | Davis, California

kteixeira@ucdavis.edu

(805) 264-5204

Dr. Jeff Sallee

National Program Leader, PYD and 4-H

National Institute of Food and Agriculture | Kansas City, Missouri

jeff.sallee@okstate.edu

(405) 880-5375

Dr. Rob Terry

Academic Advisor/Department Head AECL

Oklahoma State University | Stillwater, Oklahoma

rob.terry@okstate.edu

(405) 744-8036